

ENJOY TROUBLE - FREE WEB BROWSING (Con't from page 9)

When you do want to download a file, save it to your desktop. Don't run it until you have right-clicked its icon and scanned it with your virus program.

3. When you insert a floppy, CD or DVD for the first time, scan it with your virus program before transferring any files or opening any programs.
4. Protect yourself by downloading a free program that puts a long list of known bad guy internet sites into Internet Explorer's "**Restricted Sites**," and then open the IE Internet Options tab. Click on Restricted Sites, and then click on **Custom level**. Scroll down the entire list, and left click in every **Disable** you see. This prohibits every kind of communication from these sites. After this is done, these known bad guys can't get into your PC, even if you go to their web site.
5. Never enter a chat group on your PC. If you must do this, use somebody else's PC. A virus scan is in order when you come out of the chat room on your friend's computer. Do your friend a favor.
6. It is important that you keep your Operating System and all security programs up to date. "Up to date" means "Protected against known threats." It does not mean you are protected against a brand new threat, because nobody knows that it is until it strikes. But, surfing safely, you are an odds-on favorite to not be the one infected by the new code.
7. What is your Windows OS? XP? Did you download Service Pack 2? Then you have a firewall. A firewall is a computer program that senses a request for a file transfer between your PC and the web, and asks you for permission. The XP firewall addresses only incoming file transfers. Complete firewalls also sense out-going requests by programs resident on your hard drive, and ask if you want to let this happen. This feature might reveal the presence of a virus or spyware program on your PC, but you don't need a complete firewall with XP SP2, if you are going to follow my advice. If you are running an earlier version of Windows, you DEFINITELY DO NEED a two-way firewall.
8. When you are done surfing, follow this habit. Before you close Internet Explorer, go <internet options>, <security>, then these three: <delete cookies>, <delete files>, <delete history>. If you have just made a credit card purchase on the web, do this IMMEDIATELY AFTER, then IMMEDIATELY CLOSE IE. You can reopen IE if you want to continue to surf.

RECOMMENDED SECURITY FREWARE

Virus Scanner—AVG

Spyware/Adware blocker—IE-SPYAD

Adware/Spyware Scanners: Ad Aware SE Personal, and Spybot Search & Destroy

Firewall—Sygate Personal Firewall

You can find download sources of these programs, and information about them by doing a Google search for them by name.

JOIN THE PC CLUB

My wife and I arrived here for good last spring and we have had a wonderful time enjoying the outstanding facilities and particularly the great/interesting people who live here.

I recently joined the PC Club in order to take advantage of the people/facilities they have to improve my very limited computer skills. In the short time I have been a member, I have been "blown away" by the follow-up and pro-

fessionalism of the volunteer staff. Within a week of joining the PC Club I was at a "new member orientation" put on to help me understand what the Club had to offer. The LWPC Club offers outstanding knowledge/value to its members and is the best example I have found so far (beside the golf) of why LW, or whatever we end up being called, is "a little bit of heaven."

Paul Burry

(Reprinted from LW NEWS)