

## SPECIAL INTEREST GROUPS

All SIGs Meet in the Computer Learning Center

A Special Interest Group (SIG) is for sharing and receiving information designed to increase our knowledge in methods of using computers, programs and other related subjects of interest. Requests for special subjects may be made by e-mail to **CHamme1009@aol.com** and be sure to visit our web site at **http://www.lwpcug.com** for listings of SIG meetings.

## Surf 'N Stuff 'N Tips

### Breathing

How often do you think about breathing? Probably not much. It's something instinctive we learn at birth. Unless you have asthma or respiratory problems, breathing normally is something you most likely take for granted.

Some believe that breathing incorrectly can cause certain illnesses or ailments. Find out if you breathe optimally by taking this test. It just might lead to a healthier you!

TO VISIT THIS SITE, GO HERE: [<http://www.breathing.com/tests.htm>](http://www.breathing.com/tests.htm)



### Blockers

I was listening to Jeff Levy on the radio and he highly recommends this product. The product makes you undetectable on the net, stops spam and pop ups. He says it is the best program he has found. By buying this way it is 49.95, you save 60.00.

Go to: [www.getprivatenow.com](http://www.getprivatenow.com) Type in Jeff Levy



### A Unique Word Puzzle

**Routeword** is an interesting word puzzle. You are given a clue and a network of linked letters. Based on the clue, follow the route that spells out the answer. Some of the clues make the words obvious. Others were so difficult, I had to cheat.

TO VISIT THIS SITE, GO HERE:  
<http://www.routeword.com/>



### More Puzzles

Jigsaw puzzles can be a lot of fun. They're a great way to share time with your family. The puzzles also keep your mind sharp.

Now you can solve jigsaw puzzles on the Web. Today's site has a new jigsaw puzzle every day. Change the difficulty of each puzzle by choosing the number of pieces you have to work with. You can save a puzzle and come back to it later. Best of all, you don't have to worry about losing any pieces.

TO VISIT THIS SITE, GO HERE:  
<http://www.shockwave.com/sw/content/jigsawpuzzles>

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